



Putting Together Solutions

Who we are

Elder Care Options is your source for elder care guidance and solutions. We are specialists who help families that are caring for an older relative find the best solutions to changing care needs. Our knowledgeable staff will begin by providing a comprehensive assessment. We will provide education to increase understanding of the aging process and the resources available. We will make referrals to identified supportive services. We have the experience and knowledge to navigate the complex system of services to ensure our client's needs are met. *Together* we will develop the most appropriate plan of care. Our goal is to help seniors live safely with dignity and comfort.

What we do

Services Include

- Comprehensive geriatric assessment to evaluate safety and service needs.
- Guidance to caregivers to reduce stress and obtain community resources.
- Explore eligibility for entitlement programs and coordination of insurance benefits.
- Advocacy to obtain needed services.
- Monitoring and placement of Home Health Aid.
- Assistance with day to day management of the home.
- Liaison to families alerting them to changes observed.
- Legal and professional referrals.
- Supportive counseling to help adjustment to life circumstances.
- Assistance with short and long-term planning.

What we offer

Services For Caregivers

- Caregiver support groups.
- Community education on caregiver issues and resources.
- *Peace of Mind* services which are designed to meet the needs of caregivers who will be temporarily unavailable.

Services For Professionals

- Continuing Education programs related to aging and caregiver needs.

That Bring Peace.

Mom's becoming more forgetful.
What should I do?

I don't think it's safe for my Dad to continue to drive, but he would be lost without his car.
What should I do?

Mom calls me five times a day, but refuses outside help. I live in another state.
What should I do?

My parents can't handle the upkeep on their house. I worry about their safety.
What should I do?

These are only some of the questions **Elder Care Options** can help to answer.

**YOU
DO NOT
HAVE TO
DO THIS
ALONE**

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ELDER CARE OPTIONS

Geriatric Assessment
Safety Strategies
Caregiver Guidance
Advocacy
Health Aid Assistance
Household Management
Counseling
Insurance Coordination
Long Term Planning

The Geriatric Care Managers at Elder Care Options will share their wisdom and compassion so you and your loved one can cope with changing care needs with dignity and the best quality of life possible.